

Marin Rainbow



WWW.OAMARIN.ORG

OA Marin Meeting List

(revised 01/13/12)



MONDAYS 9:30 - 10:30 AM

12 Steps/Traditions Study
Marin Lutheran Church
649 Meadowsweet Drive, Corte Madera

MONDAYS 6:00 - 7:00 PM

12 Steps/Traditions Study and Topic Discussion
Church of the Nativity
333 Ellen Drive, San Rafael (off Las Gallinas & Lucas Valley Rd.)

TUESDAYS 7:15 - 8:15 PM

OA Literature, Variety
Church of Our Savior
10 Old Mill Street, Mill Valley

THURSDAYS 6:45 - 7:45 PM

Step/Tradition Study & Speaker
Good Shepherd Lutheran Church
1180 Lynwood, Dr., Novato
Children's Room - downstairs

FRIDAYS 9:30 - 10:30 AM

Writing
Marin Lutheran Church
649 Meadowsweet Drive, Corte Madera

NEW MEETING: T.G.I.F.O.A. !!

FRIDAYS 6:15 - 7:15 PM
Step of the Month Study
Red Hill Church, Mission Room
921 Sir Francis Drake Blvd.
San Anselmo (across from Red Hill Shopping Center)

SATURDAYS 10:45 - 11:45 AM

Speaker
Marin Jewish Community Center
Art Room, 2nd Floor
200 North San Pedro Rd.,
San Rafael

SATURDAYS 11:45 - 12:15 PM

Newcomers' Orientation
We suggest attending the Sat.
10:45 am meeting proceeding this orientation. (See above.)

SUNDAYS 6:00 - 7:00 PM

O.A. Literature / Discussion
Church of the Nativity
333 Ellen Drive, San Rafael (off Las Gallinas & Lucas Valley Rd.)

Overeaters Anonymous offers a program of recovery from compulsive overeating using the Twelve Steps and Twelve Traditions of OA. Worldwide meetings and other tools provide a fellowship of experience, strength and hope in which members respect one another's anonymity. OA charges no dues or fees; it is self-supporting through member contributions.

Unlike other organizations, OA is not just about weight loss, gain or maintenance; or obesity or diets. It addresses physical, emotional and spiritual well-being. It is not a religious organization and does not promote any particular diet. If you want to stop your compulsive eating, welcome to Overeaters Anonymous.

OA Events

The Marin and Sonoma County Intergroups of Overeaters Anonymous Present:

A FULL DAY IN OA ♦ Saturday January 21st 9 – 5pm

Featuring Workshops, Special Topics, Meetings & Speakers

Elim Lutheran Church 504 Baker St., Petaluma, CA 94952

For info Call: Kim: 415-806-2407 or Catherine 707-992-0624 Or visit oamarin.org or sonomaoar2.org

FIND YOUR HIGHER POWER AND NURTURE THE RELATIONSHIP!

SATURDAY, FEBRUARY 4th, 1 PM - 4 PM St. Aiden's Church, 101 Goldmine Dr. San Francisco

An OA workshop with Speakers, Sharing, Meditation and Writing ~ Bring writing materials!

Don't Miss It:

REGION 2 CONVENTION 2012 ♦ RECOVERY: More Precious than Gold!

Friday, July 27th ~ July 29th at The Hilton Sacramento Arden West

The largest Annual OA Event serving No. & So. California, Hawaii, Mexico, & Northern Nevada.

Register online at: www.oar2.org

