

East Bay Unity Intergroup of Overeaters Anonymous

invites you to

A Weekend Big Book Study

Understanding the Big Book through the Lens of OA

A revealing and transforming study focusing on how the message in the Big Book applies and works as well for compulsive overeaters as it does for alcoholics. An OA member from Canada will lead us in actively working all 12 steps, including a 4th-step inventory used by many in OA. (See www.oabigbook.info)



January 29 to 31, 2010

Marriott Courtyard Emeryville
555 Shellmound Street
Emeryville, CA 94608

Workshop schedule

Friday registration - 6:00 p.m.
Friday event 6:30 p.m. - 9:30 p.m.
Saturday registration - 8:30 a.m.
Saturday event 9 a.m. - 5:00 p.m.
Sunday 9 a.m. - noon

\$50 for the entire weekend workshop

Whether you live in the East Bay or a bit further, make a weekend of it! The Marriott Courtyard Emeryville is located right across the street from Bay Street shopping, AMC Theater and restaurants, and is a short walk to the Emerybay Public Market and UA Emerybay Stadium theaters.

A special rate of \$94.00 per night is available to workshop participants. Call 510-652-8777 or 800-321-2211 and ask for the East Bay Unity Intergroup rate.

Free parking. Easy public transportation (see reverse).

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To pre-register send payment of \$50 and this form before December 17th, 2009.

You will receive confirmation by email.

Mail check or money order payable to East Bay Unity Intergroup and the form to:

Liane Anderson, 35 Ramona Avenue, Oakland, CA 94611.

Questions? lianeanderson@pacbell.net or 510-912-9111.

Name _____ Email _____

Address _____

City/State _____ Zip _____

Staying at the hotel: Yes _____ No _____